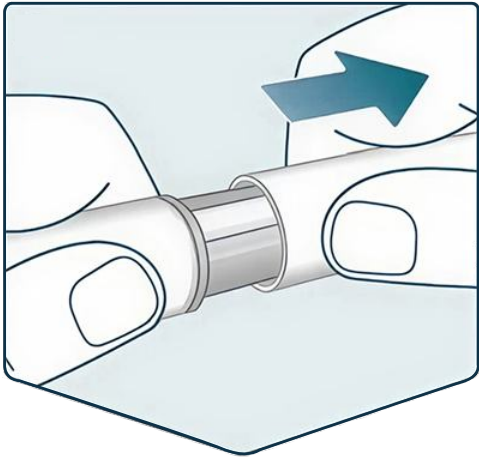
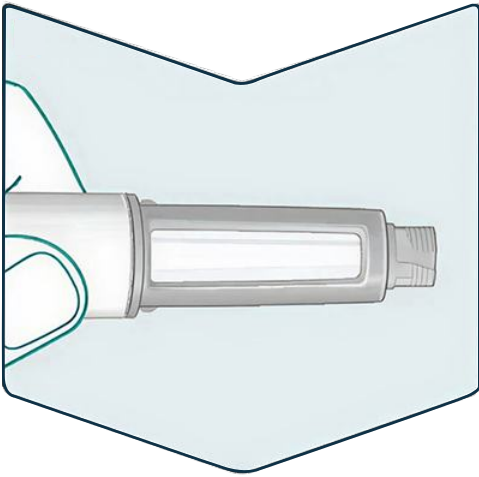
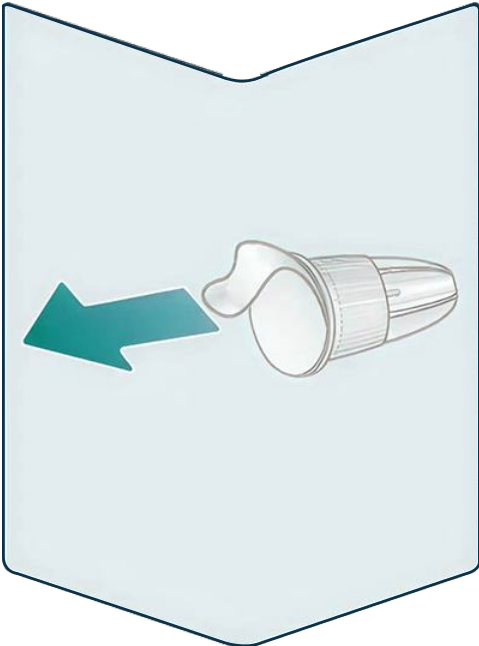
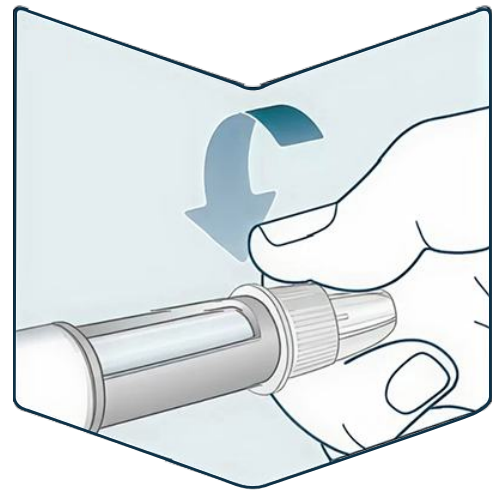


How To Take Wegovy: A Downloadable Guide

1. Prepare your pen with a new needle	Check the name and dose of your pen to ensure it contains your prescribed dose of Wegovy.	
	A. Remove the pen cap - Pull it off completely.	
	B. Inspect the solution - Look through the pen window. Wegovy solution should be clear and colourless.	
	C. Check for cloudiness - If the solution appears cloudy or coloured, do not use the pen. D. Prepare a new needle - Always use a fresh needle for each injection. E. Remove the paper tab - Remove it carefully from the needle.	

F. Attach the needle - Push it straight onto the pen and turn until it's secure.

Before using your injection, examine the paper tab and outer needle cap for any damage that could affect sterility. If you notice any damage, use a new needle.

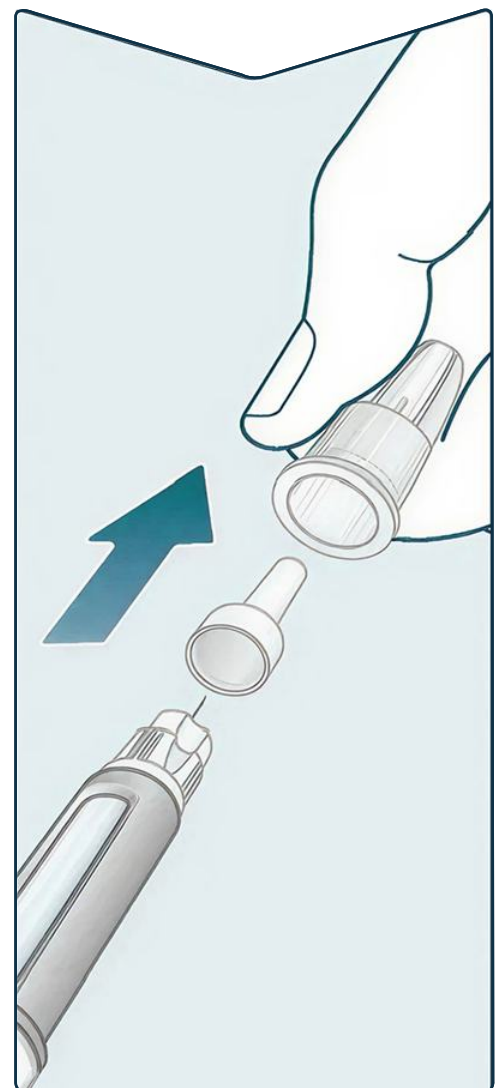


2. Check the flow and set your dose

Remove both needle caps:

- A.** Remove the outer needle cap and keep it for later use.
- B.** Remove the inner needle cap and dispose of it properly.

If you forget to remove both caps, you will not inject any Wegovy. Never use a bent or damaged needle.



Perform a flow check:

For new pens only

You must check the Wegovy flow before your first injection with each new pen.

Steps:

- A.** Turn the dose selector until you see the flow check symbol ■ ■ ▴ ...).

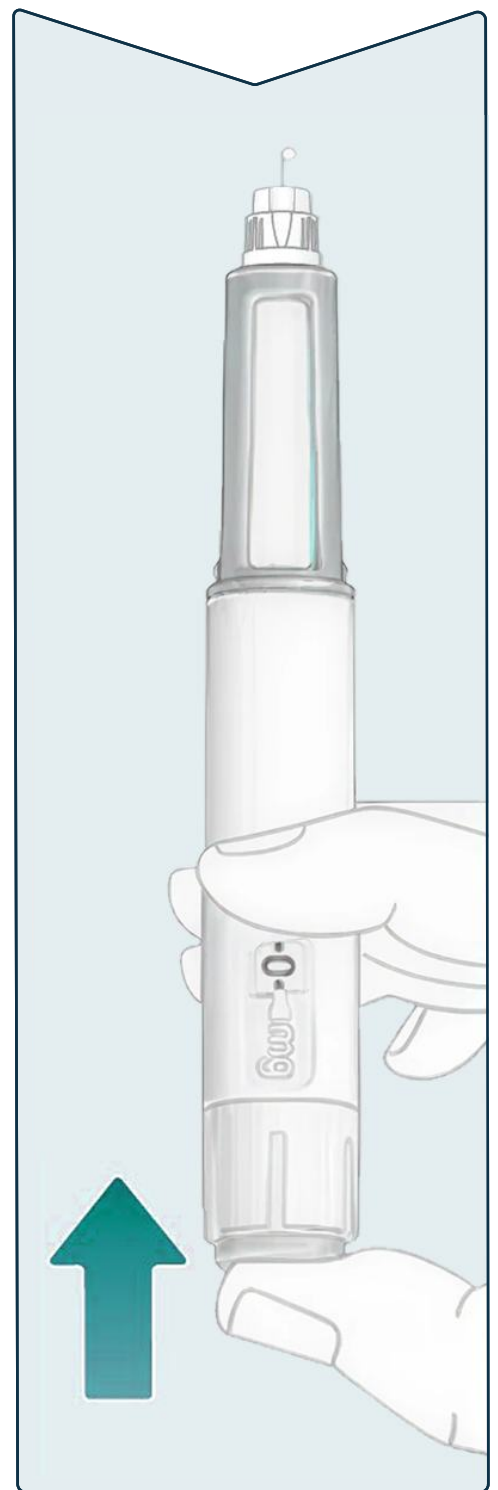


- B.** Make sure the flow check symbol aligns with the dose pointer.



- C.** Hold the pen with the needle pointing up.
- D.** Press and hold the dose button until the dose counter shows **0.1**.
- E.** A drop of Wegovy should appear at the needle tip.

If no drop appears, check the flow again. This should only be done twice. If there's still no drop, change the needle and check the flow once more.



Set your prescribed dose:

- A.** Turn the dose selector until the dose counter stops and displays your prescribed dose.



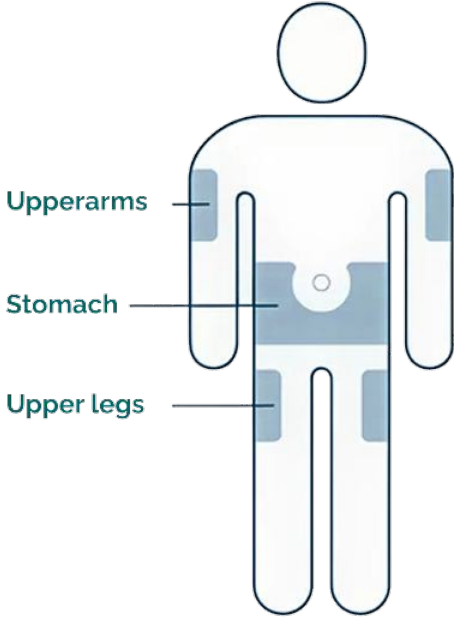
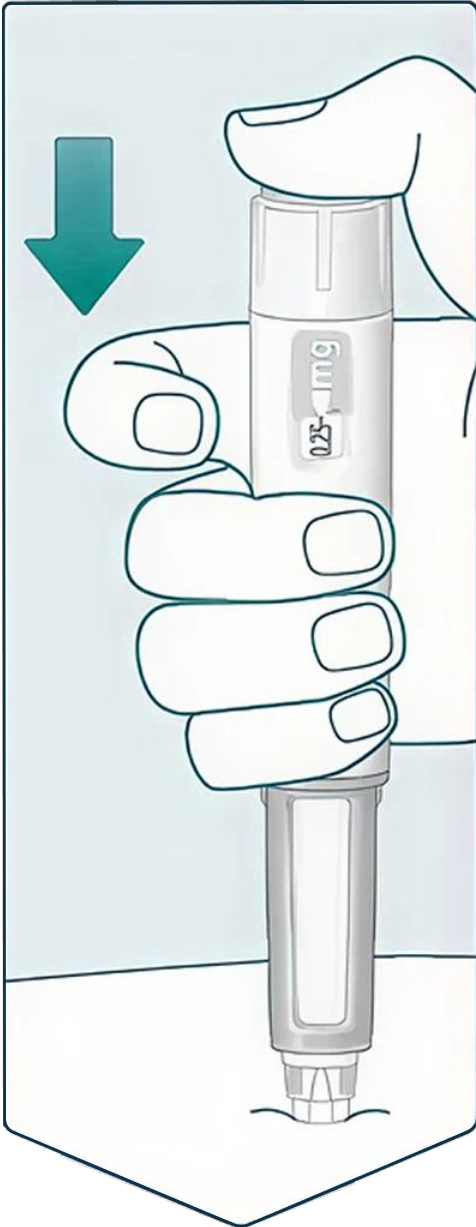
- B.** The dashed line (|) in the dose counter will guide you to your correct dose.

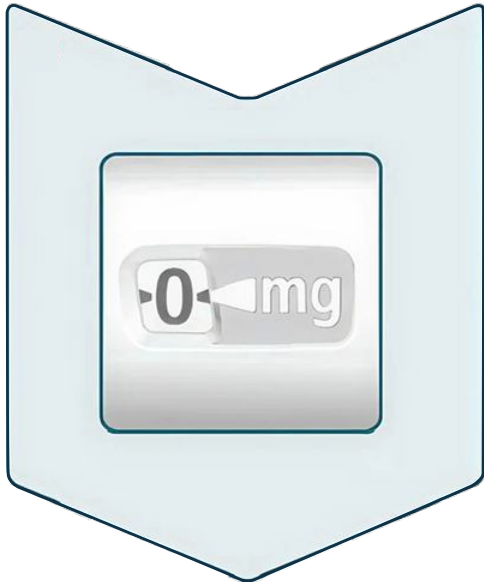
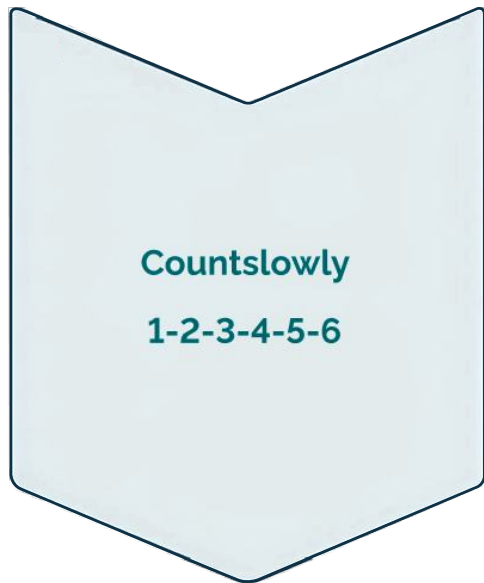
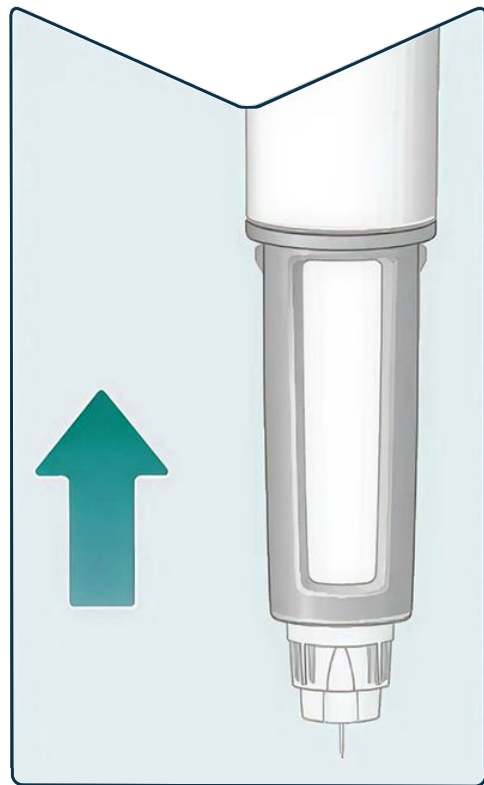


Note:

- A.** The dose selector clicks when turned forward, backwards, or past your dose.
- B.** Do not set your dose by counting clicks - use the visual display.
- C.** When your prescribed dose aligns with the dose pointer, you have selected your dose.



3. Choose an injection site and inject your dose		
Select your injection site:	Recommended injection areas: A. Upper arms B. Upper legs (thighs) C. Stomach area (maintain a distance of 5 cms from the belly button). You may inject in the same body area each week, but avoid using the same spot as your previous injection.	 The diagram shows a human silhouette with three shaded regions indicating recommended injection sites. Labels with leader lines point to these areas: 'Upperarms' on the upper arms, 'Stomach' on the abdominal area (avoiding the navel), and 'Upper legs' on the thighs.
4. Inject Wegovy	A. Insert the needle into your skin at the chosen site. B. Ensure visibility. Make sure you can see the dose counter. Don't cover it with your fingers.	 The diagram shows a hand holding a Wegovy pen. A large green arrow points downwards towards the needle tip, which is shown inserted into the skin. The pen's dose counter is visible and not obscured by the hand.

	C. Press and hold the dose button until the dose counter shows 0.	
	D. Count slowly. Keep pressing the dose button with the needle in your skin and count slowly: 1-2-3-4-5-6 E. Listen for the click. You may hear or feel a click when the dose counter returns to 0. If you remove the needle too early, medication may leak from the needle tip, and you won't receive your full dose.	
5. After your injection	A. Remove the needle from your skin after the 6-second count. B. Press lightly to stop bleeding if blood appears at the injection site. C. You may see a small drop of Wegovy at the needle tip; this is normal and doesn't affect your dose.	

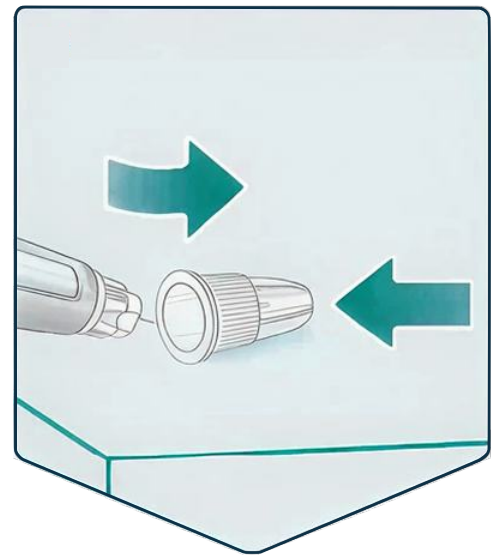
6. Disposing of the needle

Never attempt to replace the inner needle cap - you risk injuring yourself.

A. Secure the needle.

Carefully guide the needle tip into the outer needle cap without touching the needle.

B. Push the cap on completely once the needle is covered.

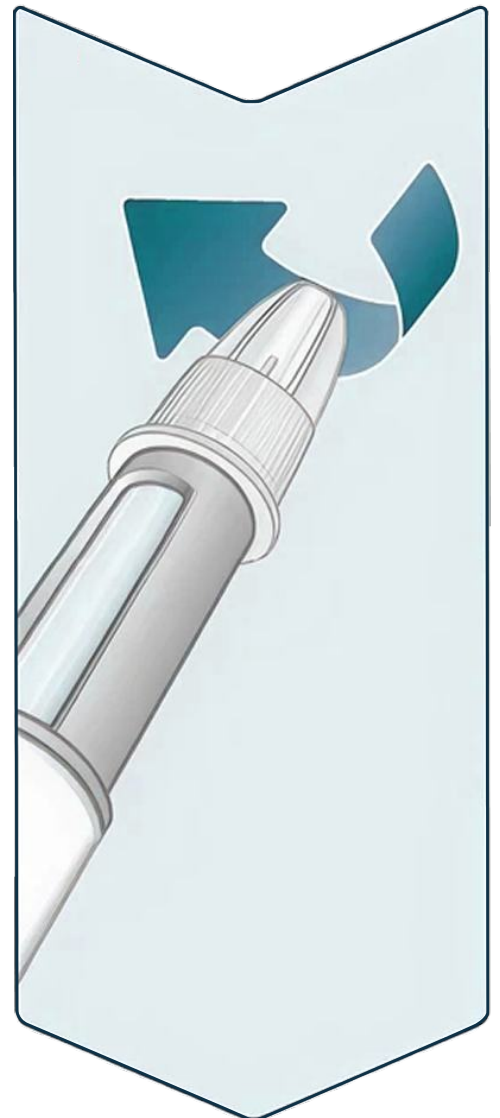


C. Remove the needle by unscrewing it and dispose of it according to your healthcare provider's instructions.

D. Avoid putting the inner needle cap back on the needle. You may hurt yourself with the needle.

E. Always dispose of needles immediately after each injection to prevent contamination and ensure safety.

F. Never store the pen with the needle attached.



7. Storing the pen

- A.** Replace the pen cap to protect Wegovy from light.
- B.** When the pen is empty, dispose of it (without the needle) as instructed by your healthcare provider.
- C.** The pen cap and empty cartridge can be disposed of with household waste.

